

RACE BOOKLET



401km



2024



TO THE 2024 DESERT DASH RACE



MARTHA MURORUA

Managing Director
of Nedbank Namibia

It is time for Namibia's Ultimate Mountain Biking Race, powered by Nedbank! Cycling, Charity, and Celebration: Your Guide to the 2024 Nedbank Desert Dash!

The Nedbank Desert Dash has a special place - not only in our hearts, but also because of the meaningful impact it makes for Namibia! As always, I have no doubt that the training elements and preparation have been completed with meticulous attention. Without fail, this is what our Dashers will draw on so deeply when they need that extra bit of inspiration to propel them forward to the finish line in Swakopmund. As will their very own and deeply personal reasons for taking up this ultimate challenge in 2024.

This year's Nedbank Desert Dash has special significance, being the twentieth time that cyclists will be fronting up against the singular challenge ahead: to ride across the world's oldest desert, conquer it like a true warrior and emerge with a glorious sense of accomplishment as the waves break over the beach in Swakopmund - all within a span of 24 hours.

The Nedbank Desert Dash always challenges both body and spirit and it always delivers an experience like nothing else.

I would like to extend a warm welcome to all participants, whether local cyclists from Namibia, or guests in our country, hailing from South Africa, Germany, Botswana, Portugal, The Netherlands, Canada, Austria, Zimbabwe, Spain, Poland, France, Brazil, Sweden, Lebanon, Denmark, The United Kingdom and Switzerland.

For first-time visitors to Namibia, we assure you that the country's charm is irresistible, and like many before you, you'll likely find yourself returning. Namibian hospitality is one of a kind.

Nedbank Namibia's involvement in developing cycling on our shores runs deep, having been Namibia's greatest supporter of cycling for close to four decades. We are deeply appreciative of the indefatigable work done by our Ministry of Sport, Youth and National Service, the Namibia Cycling Federation and every single volunteer at cycling clubs and racing events, for it is upon their shoulders that we are building a formidable team of continental cycling champions. Their performances on the world stage are evident and a testimony to their dedication and sheer will to excel - so demonstrative of the resilience that Namibians are known for! Over the past ten races of this unique experience that we headline as naming rights sponsor, the Nedbank Desert Dash not only ignites a supreme battle of endurance, but also ingrains the desolate beauty of our country in all its splendour in the hearts and minds of every person who gets to experience its allure. Africa's ultimate mountain biking race brings with it vast economic benefits, too, and as a nation, we are thankful that you have chosen to race in the 20th edition of the Nedbank Desert Dash.

We extend our gratitude to our wonderful co-sponsors, who have all gone above and beyond to create one of the most special cycling experiences that one will ever find.

May this 20th edition of the Nedbank Desert Dash leave with you all a special set of memories that no passage of time will ever erase. More importantly, enjoy the race and safely navigate the 401 kilometres that awaits!

Best regards

Martha

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IMPORTANT RULES OF THE EVENT

- Safety is paramount for this event.** Drive carefully and safely at all times. The route is a loose, stony, dirt road with blind rises, steep camber and sharp curves. Be on the look-out for cattle and wild animals (both night and day).
 - Take responsibility for your team (the back-up driver is the 'team captain').
 - Each support vehicle must display the supplied team number stickers on the vehicle: Small A5 - top left front windscreen, larger A4 - top left rear window.
 - No 4-person support vehicles will be allowed to depart Friday after 14h00.
 - All solo, 2-person and Half-Dash support vehicles must take the route on C28 to Check point #2. The total distance is about 220km. See OVERVIEW for details.
 - Always depart from each Check point as soon as possible after your rider has started the stage.
 - Support vehicles are only allowed to stop at the Check points and the Finish Zone. Stopping at any waterpoints or anywhere else along the route will result in your team's disqualification. Unless special permission has been granted.
 - Vehicles are not allowed to leave the road. Under no circumstances are you allowed to drive against traffic. Only ambulance and official vehicles have permission to do so.
 - No team vehicles may overtake cyclists while descending a slope or hill.** Vehicles to stay behind cyclists until the road is flat/ascending and it is safe to pass. This is particularly imperative for the last few kilometres to Goanikontes.
- Maximum speed: 80km/h. Passing speed: 40km/h**
- At the Finish Zone in Swakopmund you might be guided by a marshal to a dedicated parking area. Although there will be security guards present, please ensure that all belongings are secure and safe. You're using the parking area at your own risk.
 - Please notify the staff at the respective checkpoint if one of your riders has decided to DNF. This is imperative as we otherwise end up looking for them.

IMPORTANT RIDER INFORMATION

- After sunset, a red rear light visible from behind, must be affixed to either the rider or the bicycle and must stay on while the rider is on the route.
- Ensure that you have sufficient lights and batteries for your night stages.
- Riders may only receive team support vehicle assistance at Check points. Everywhere else you are only allowed to get assistance from other riders. Make sure you are relatively self sufficient and carry some basic spares and tools.
- At Check point #1** only solo and 2-person team riders have access to the Superspar Refresh Zone.
All 4-person team riders as well as their support drivers do NOT have access to the above Refresh Zone.
- If you have to listen to music please just in one ear, the left one! so that you can be aware of traffic. From the start all the way to Kupferberg (checkpoint #1) no music allowed at all please.

IMPORTANT INFORMATION

- ! SOLO riders start at 14:30, 2-person teams start at 15:00. 4-person teams start at 15:30.
- ! Half-Dash riders will start at Hollard / Halfway point 24:00. Cut-off 14:30.
- ! If a team rider does DNF then the rest of the team may continue, but will not get a time nor finishers medal.
- ! Only one rider per team will start at the Grove Mall. All team riders to depart Goanikontes for Stage 5.
- ! Back-up vehicles over a maximum weight of 5500kg are not allowed. No trucks (applies to 4-person teams only).

NB: 4-person back-up drivers:

Seeing that only one rider will start on Stage 1 (Grove Mall until Checkpoint #1 SUPERSPAR 102km) there is no need for the backup drivers to support riders on Stage 1. You will thus be required to depart Windhoek by 14:00 latest on Friday.

The aim is to have a dust-free Stage 1. Any backup vehicles on Stage 1 after the race has started will lead to a 2-hour penalty for your team.

Friday, 6 December

SUPPORT VEHICLE TIMES:

- 14:00 ENSURE THAT YOUR RIDER IS IN THE START CHUTE.
- 14:00 ALL SUPPORT VEHICLES TO LEAVE THE GROVE MALL.

RIDER START ZONE:

- START CHUTE FOR SOLO RIDERS OPENS AT 13:30, 2-PERSON AT 14:30, 4-PERSON 15:00
- RIDERS MAY LEAVE THE START ZONE - THE BICYCLE HAS TO STAY IN THE START ZONE.

DISTANCE CHART

	TRIP	STAGES
START	0KM	
START - WATERPOINT #1	36KM	32KM
START - WATERPOINT #2	65KM	33KM
START - CHECKPOINT #1	98KM	33KM
START - WATERPOINT #3	131KM	33KM
START - CHECKPOINT #2	174KM	43KM
START - WATERPOINT #4	215KM	41KM
START - CHECKPOINT #3	261KM	46KM
START - WATERPOINT #5	309KM	48KM
START - CHECKPOINT #4	345KM	36KM
START - FINISH	401KM	50KM

OFFICIAL TELEPHONE NUMBERS

Chief Race Official 1: Sat phone:	(+264) (0) 81 128 4794 +870776211182	Leander Borg
Chief Race Official 2: Sat phone:	(+264) (0) 81 124 0320 +870776211183	Mannie Heymans
Time Keeping & Race Administration: Sat phone:	(+264) (0) 812571584 +870776211181	Axel Forster
Chief Medic: Medic Sat phone:	(+264) (0) 81 247 3391 +870776211185	Percy Openshaw
Official sweep: Sat phone:	(+264) (0) 81 222 9162 +870776211186	Mate Uiras
Goanikontes Checkpoint:	(+264) (0) 64 405 976	

	Check Point		Cyclist Route
	Water Point		Support Vehicle Route
	Warnings		Solo, 2-person team & Half-Dash Support Vehicles
	Marshal		General Arrow
	Start / Finish		Tar Road
	Gravel Road		Road Number
	Route Checker Sticker		Parking
	Bridge		No Parking
	Warning Notes		No Entry
	Notes		Distance Marking
			Latitude + Longitude
			Pipeline
			River / Ocean
			Railway Track
			Fence

SUPPORT VEHICLES

80km/hr - MAXIMUM SPEED FOR DURATION OF THE ROUTE
40km/hr - MAXIMUM SPEED WHEN PASSING RIDERS

Teams WILL BE penalised when their driver exceeds the speed limit

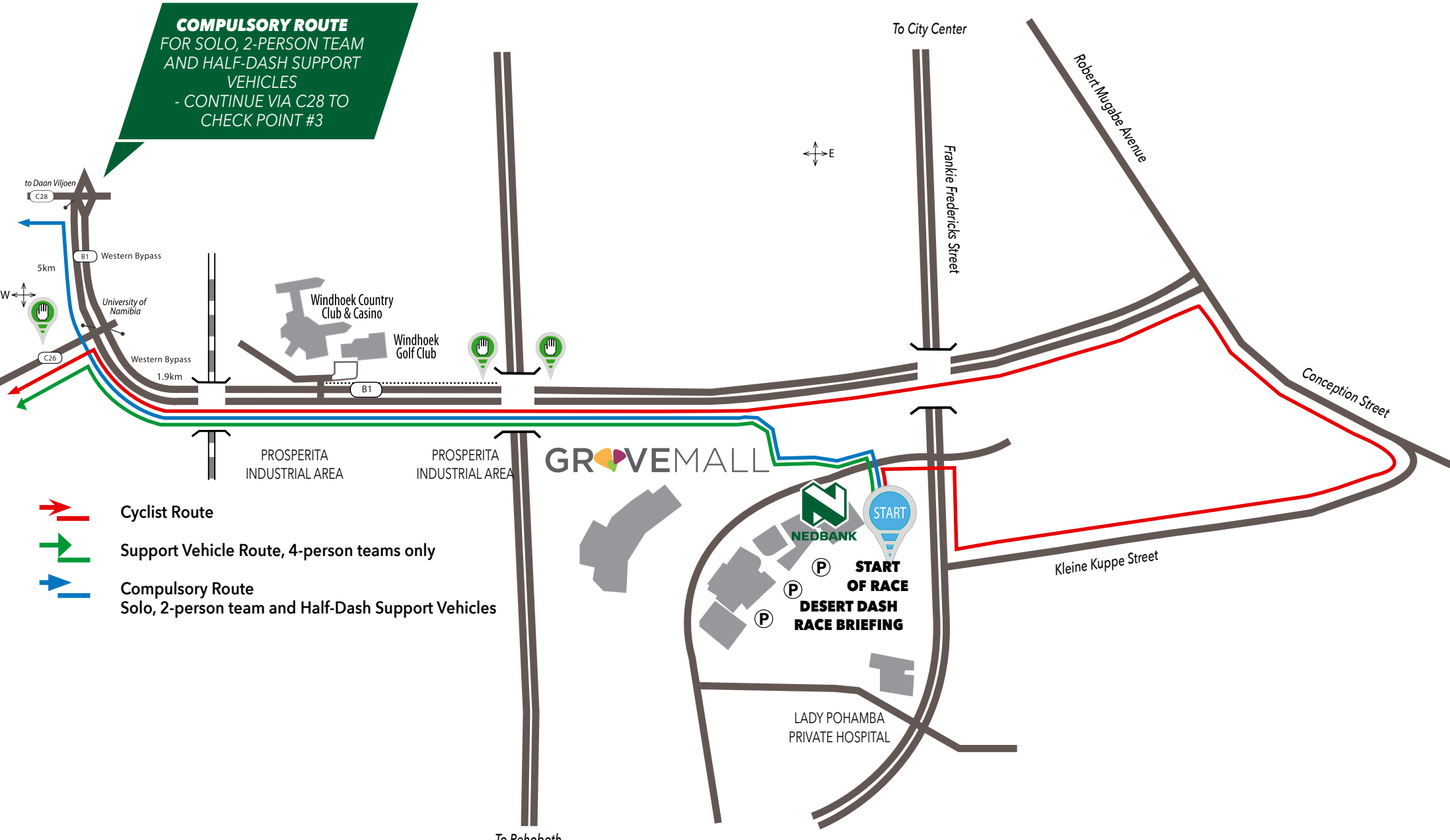
4-Person Team Backup vehicles to leave bypass latest 14:00




Late vehicles will result in 2-hour penalty for the team

UP TO CITY LIMITS

UP TO CITY LIMITS

COMPULSORY ROUTE
 FOR SOLO, 2-PERSON TEAM
 AND HALF-DASH SUPPORT
 VEHICLES
 - CONTINUE VIA C28 TO
 CHECK POINT #3



-  Cyclist Route
-  Support Vehicle Route, 4-person teams only
-  Compulsory Route
Solo, 2-person team and Half-Dash Support Vehicles

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Indongo Toyota **NATIONWIDE**

DESERT DASH DEALS



T's & C's Apply - While Stock Last

 **Indongo**



SCAN FOR DEALS

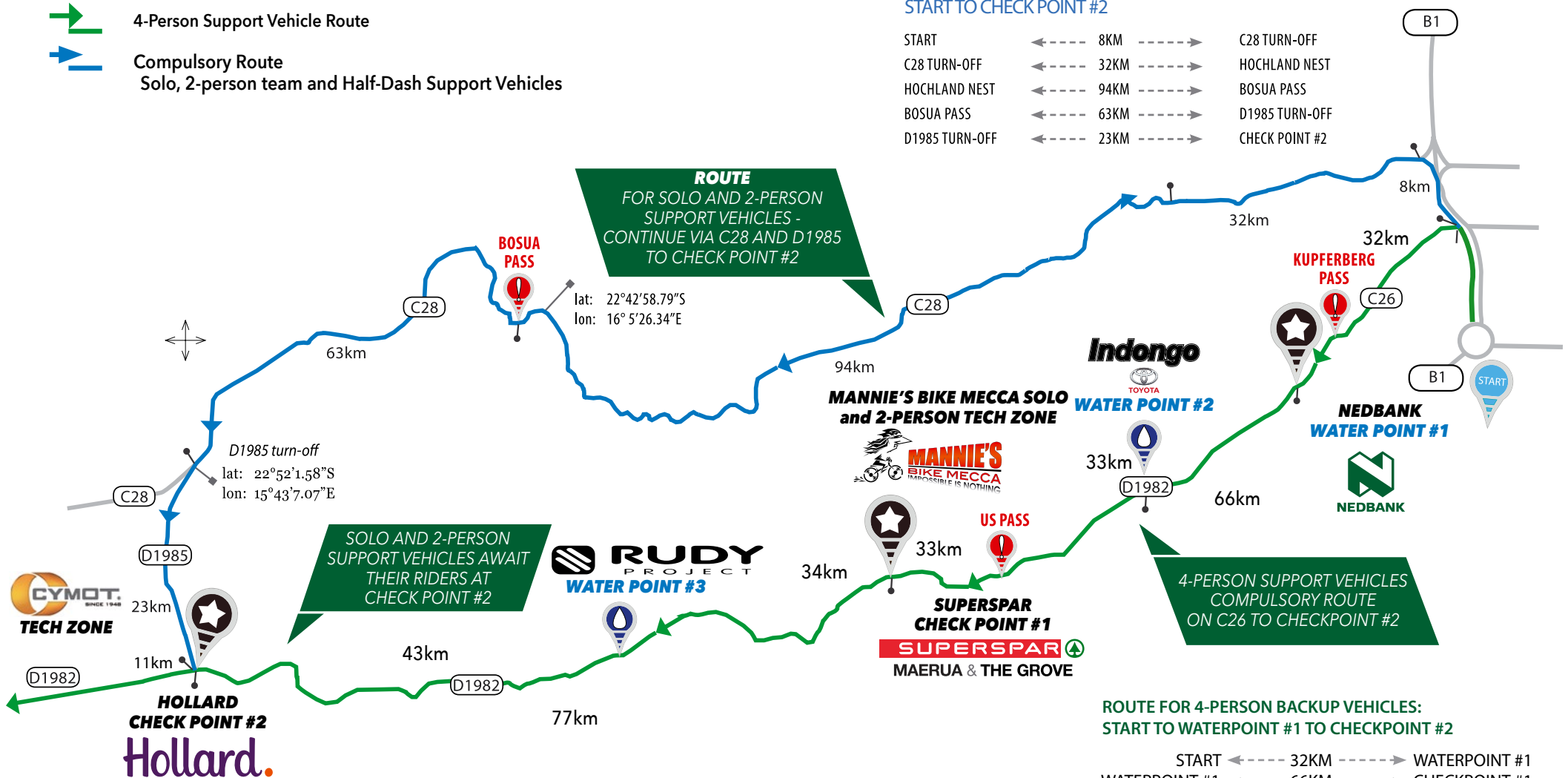
SUPPORT VEHICLES TO CHECKPOINT#2

SUPPORT VEHICLES TO CHECKPOINT#2

- 4-Person Support Vehicle Route
- Compulsory Route
Solo, 2-person team and Half-Dash Support Vehicles

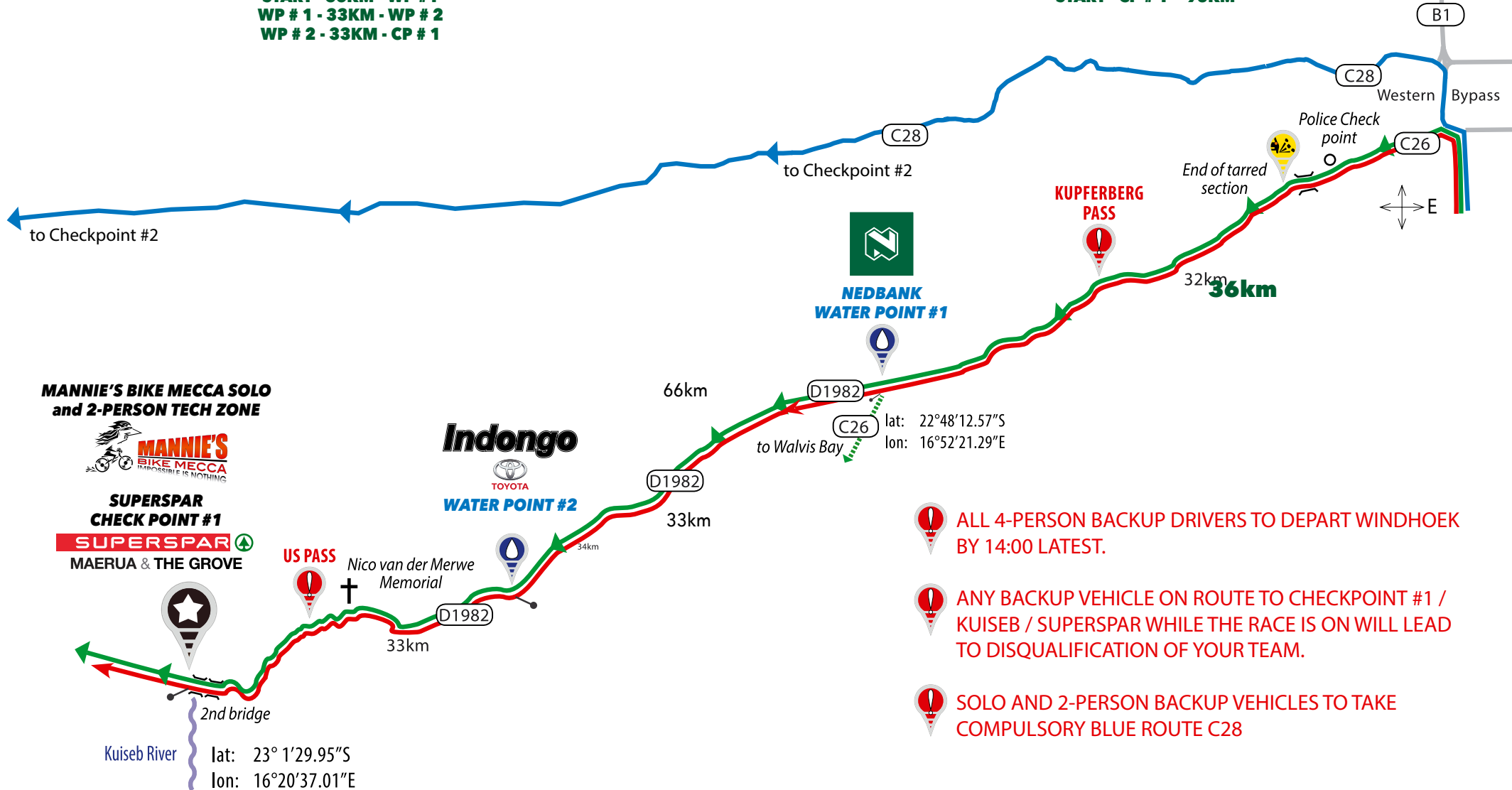
ROUTE FOR SOLO AND 2-PERSON BACKUP VEHICLES:
START TO CHECK POINT #2

START	←----- 8KM -----→	C28 TURN-OFF
C28 TURN-OFF	←----- 32KM -----→	HOCHLAND NEST
HOCHLAND NEST	←----- 94KM -----→	BOSUA PASS
BOSUA PASS	←----- 63KM -----→	D1985 TURN-OFF
D1985 TURN-OFF	←----- 23KM -----→	CHECK POINT #2



START - 36KM - WP #1
WP #1 - 33KM - WP #2
WP #2 - 33KM - CP #1

START - CP #1 = 98KM



MANNIE'S BIKE MECCA SOLO and 2-PERSON TECH ZONE



SUPERSPAR CHECK POINT #1

SUPERSPAR MAERUA & THE GROVE

Indongo

TOYOTA WATER POINT #2

US PASS Nico van der Merwe Memorial



2nd bridge

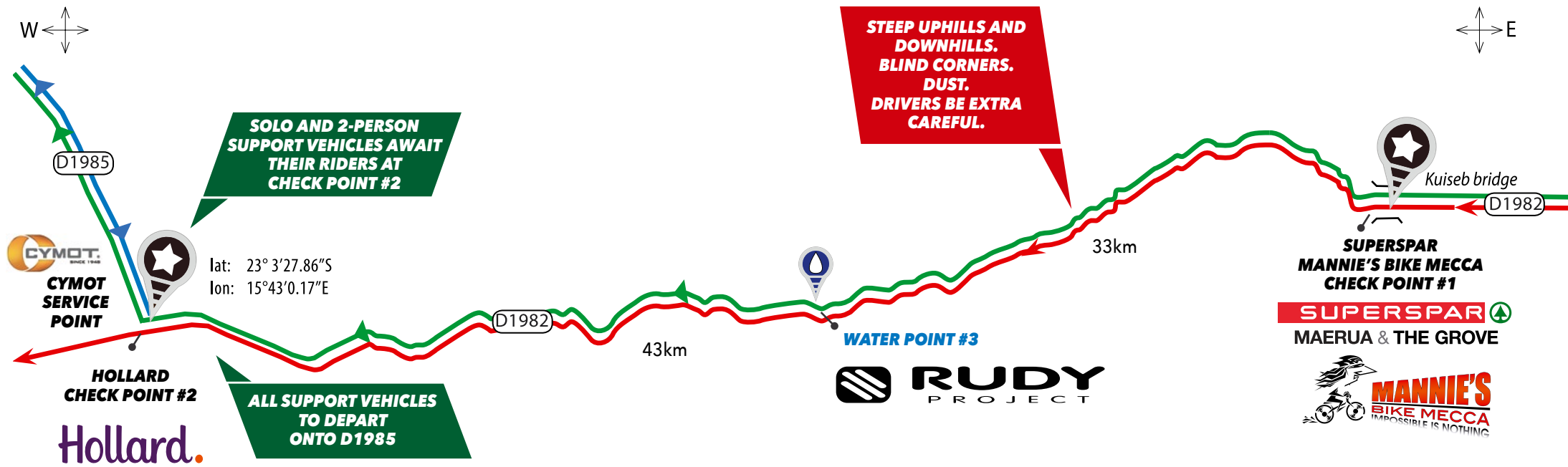
Kuiseb River
 lat: 23° 1'29.95"S
 lon: 16°20'37.01"E

- ALL 4-PERSON BACKUP DRIVERS TO DEPART WINDHOEK BY 14:00 LATEST.
- ANY BACKUP VEHICLE ON ROUTE TO CHECKPOINT #1 / KUISEB / SUPERSPAR WHILE THE RACE IS ON WILL LEAD TO DISQUALIFICATION OF YOUR TEAM.
- SOLO AND 2-PERSON BACKUP VEHICLES TO TAKE COMPULSORY BLUE ROUTE C28

- Cyclist Route
- Support Vehicle Route, 4-person teams only
- Compulsory Route - Solo and 2-Person Support Vehicles

CP#1 = 33km - WP#3 - 43km - CP#2
TOTAL = 76km

CP#1 = 33km - WP#3 - 43km - CP#2
TOTAL = 76km



- Cyclist Route
- 4-Person Support Vehicle Route
- Compulsory Route
Solo, 2-person team and Half-Dash Support Vehicles

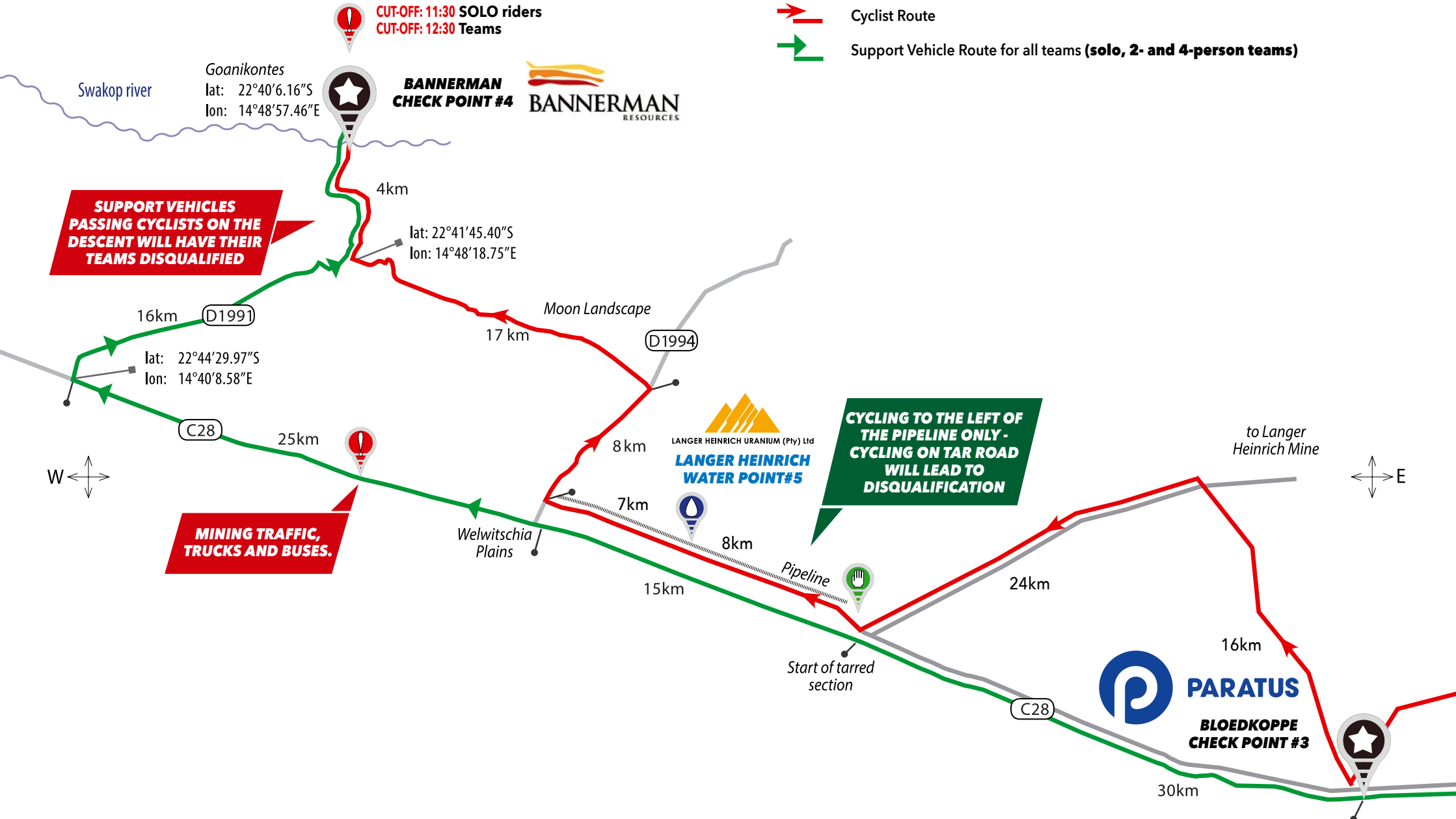
CP#3 - 48km - WP#5 - 36km - CP#4
TOTAL = 84km

CP#3 - 48km - WP#5 - 36km - CP#4
TOTAL = 84km

CUT-OFF: 11:30 SOLO riders
CUT-OFF: 12:30 Teams

Cyclist Route

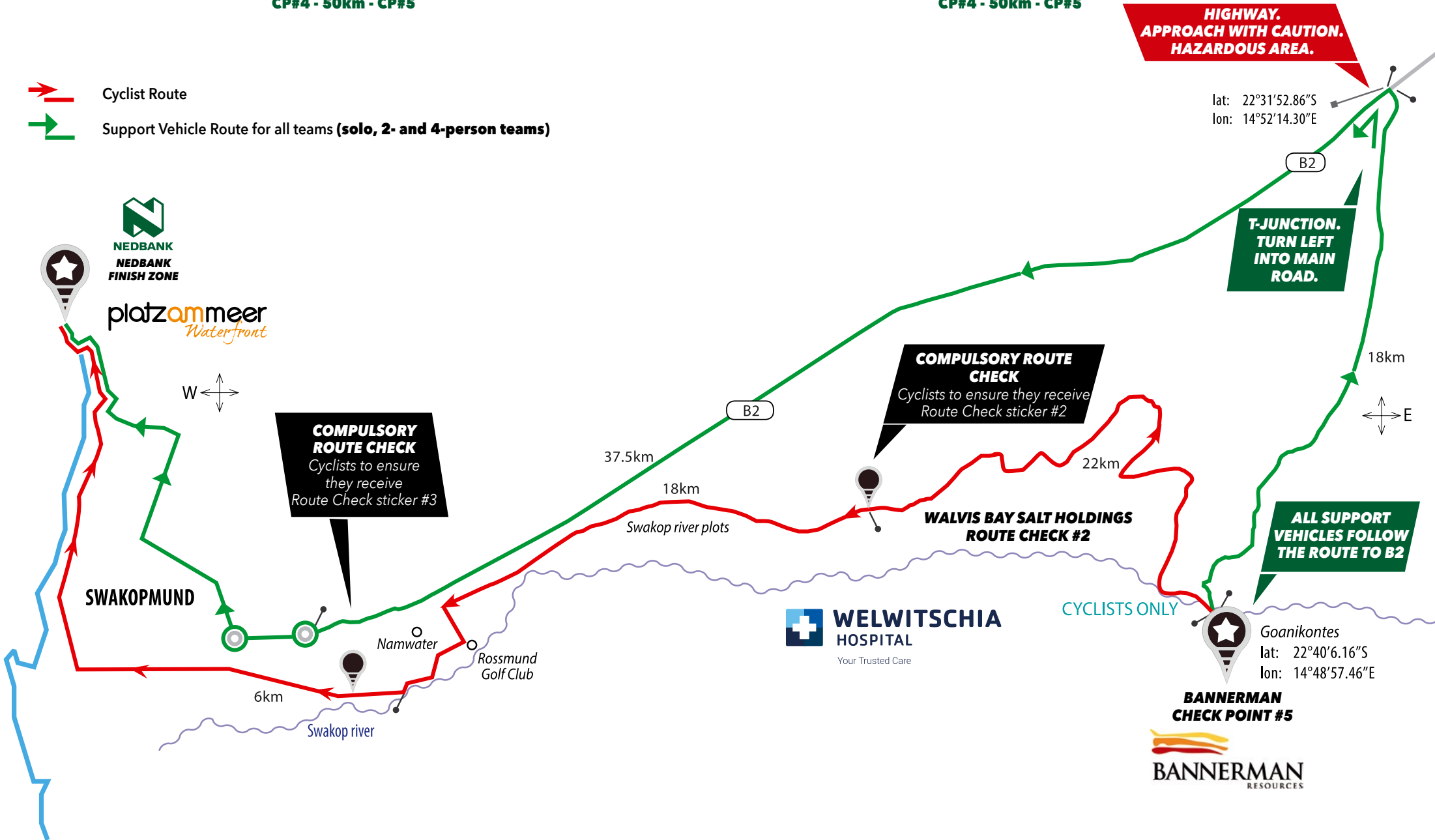
Support Vehicle Route for all teams (**solo, 2- and 4-person teams**)



CP#4 - 50km - CP#5

CP#4 - 50km - CP#5

- Cyclist Route
- Support Vehicle Route for all teams (solo, 2- and 4-person teams)



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FINISH ZONE

platzammeer
Waterfront



COMPULSORY ROUTE CHECK
Cyclists to ensure they receive Route Check sticker #3

B2

37.5km

18km

Swakop river plots

COMPULSORY ROUTE CHECK
Cyclists to ensure they receive Route Check sticker #2

22km

WALVIS BAY SALT HOLDINGS ROUTE CHECK #2



18km

ALL SUPPORT VEHICLES FOLLOW THE ROUTE TO B2

CYCLISTS ONLY

BANNERMAN CHECK POINT #5
Goanikontes
lat: 22°40'6.16"S
lon: 14°48'57.46"E

BANNERMAN RESOURCES

WELWITSCHIA HOSPITAL
Your Trusted Care

Town Route

- Cyclist Route
- Support Vehicle Route for all teams (solo, 2- and 4-person teams)

platzammer
Waterfront



FINISH ZONE

1. Complete team to enter the Finish Zone together.
2. The finishing time is determined by the last team rider over the finish line.



100% PURE



Winning is part of our name, so it's no wonder that we've won **GOLD** at the 2022 DLG Awards.



Not For Persons Under The Age Of 18.
Enjoy Responsibly.

2024

2024

SOLO MEN

SOLO MEN

SOLO MEN

SOLO MEN

No.	Name	Surname
1002	Markus	Adam
1004	Niklaas	Andreas
1005	Clive	Atterbury
1006	Mike	Baartman
1007	Phillip	Barnard
1008	Giovanni	Baumann
1009	Kobus	Bezuidenhout
1010	Marius	Boonzaier
1011	Adriaan	Booyen
1012	Georg	Borsutzky
1136	Fanus	Bredenhann
1013	Gerhard	Breed
1015	Nieri	Bruno
1016	Horace Frank	Burden
1018	Ian	Burger
1019	Schalk	Burger
1020	Pascal	Burr
1021	Drikus	Coetzee
1022	Ernst	Coetzee
1023	Dirk	Coetzee
1142	Arno	Crous
1024	Carlo	Dauster
1143	Dusty	Day
1025	Riaan	De Beer
1026	Danzel	De Koe
1140	Dimmie	de Milander
1027	Nico	de Waal
1028	Francois	du Plessis
1029	Schalk	Du Plessis
1030	George	du Plooy
1031	Hennie	du Plooy
1032	Willem	du Randt
1033	JP	Du Toit
1034	Francois	Du Toit
1035	Christian	Dülken
1036	Ryno	Engelbrecht
1134	JD	Engels
1037	Oliver	Faas
1135	Stefanus	Feris
1038	Alexandre	Fonseca de Azeredo
1039	George Douglas	Fransman
1040	Martin	Freyer
1041	Klaus	Frielingdorf

No.	Name	Surname
1042	Ludger	Garding
1147	Juan	Gerber
1139	Nico	Goosen
1043	Morne	Gouws
1044	Michael	Grant
1045	Harald	Grimm
1046	Marco	Grund
1133	Lorenzo	Hansen
1047	Chris-Johan	Hartman
1048	Stephano	Hartung
1049	Hans	Hashagen
1050	Corne	Heesakkers
1051	Zeroman	Henckert
1054	Stefan	Hils
1053	Thomas	Hofmann
1055	Hentie	Hough
1056	Johan	Huggett
1057	Andre	Huisamen
1058	Hans	Jacobson
1059	Siegfried	Jank
1060	Gareth	Jooste
1061	Richard	Joubert
1062	Dawie	Jubelius
1014	Willie	Junius
1063	Andrew	Key
1064	Murray	Koch
1065	Ruan	Kotze
1066	Pierre	Lambert
1001	Konny	Looser
1067	Brandon-lee	Martin
1068	Leonard	Martin
1069	Heine	Matthee
1070	Charles Werner	McNab
1071	Petrus	Meiring
1072	Lester	Meyer
1138	Tony	Moller
1073	Henrico	Morgenroth
1074	Armstrong	Mosimane
1075	Therald	Murch
1151	John	Mutesi
1076	Jacobus Adriaan	Myburgh
1077	Hardus	Nel
1078	Tiaan	Nel

No.	Name	Surname
1079	Horst	Neumann
1080	Warren	Olivier
1081	Jaco	Opperman
1082	Sybrand Johannes	Otto
1083	Henry	Platt
1084	Richard	Powell
1085	Andre	Pretorius
1086	Nicholas	Price
1087	Jacques	Redelinghuys
1088	Cameron	Redmead
1089	Heiko	Reiff
1090	Riaan	Reinhardt
1091	Shanco	Renton
1092	Stephen	Retief
1093	Kobus	Rossouw
1094	Gavin	Rossouw
1095	Jurgen	Sander
1152	Peter	Sander
1096	Robert	Schaaf
1097	Ronald	Schaffer
1098	Stephan	Schoeman
1099	Hendrik	Scholtz
1100	Willem	Schoonbee
1101	Harry	Schweikert
1156	Ananias	Shilongo
1102	Craig	Shoebridge
1103	Shapwa	Shongolo
1104	Herman	Simon
1105	Daniel F	Small
1137	Hanno	Smit
1106	Alex	Smith
1154	Jean-Paul	Smith
1157	Claas	Spiegelberg
1107	Johannes	Spikermann
1108	Edgar	Stafford
1158	Nico	Sterk
1109	Brandon	Stiger
1110	Michael	Stoffberg
1111	Alden	Strauss
1112	Adriaan	Strauss
1113	Sven	Strohmenger
1114	Barend	Strydom
1115	Leodolf	Swanepoel

No.	Name	Surname
1159	Herman	Swart
1116	Bennie	Theron
1117	Olaf	Trenner
1118	Eckhard	Trumper
1119	Brendan	Tucker
1120	Danie	van Aswegen
1121	Jaco	Van Der Merwe
1122	Andre	Van der Merwe
1123	Pieter	van der Merwe
1124	Daneel	Van der Walt
1125	Frederick Jacobus	Van Zyl
1126	Marnus	Verdoes
1127	Abrie	Vermeulen
1128	Tobias	Verwey
1129	Eddie	Viljoen
1132	Aaron	Wehde
1130	Heiko	Wonglorz
1131	Pieter	Zandberg

2024

SOLO WOMEN

No.	Name	Surname
1202	Helene	Bam
1203	Louise	Breed
1205	Raquel	Coimbra
1206	Johanita	de Waal
1207	Merciale	Erasmus
1208	Nicola	Fester
1209	Cindy	Friebel
1210	Anri	Greeff
1211	Monika	Grossmann
1212	Zerowoman	Henckert
1222	Ronja	King
1213	Anja	Potgieter

SOLO WOMEN

No.	Name	Surname
1214	Jo-Andri	Pretorius
1215	Jenny	Rönnngren
1216	Yvonne	Roodt
1217	Heleen	Rossouw
1218	Irene	Steyn
1219	Riana	Swiegelaar
1220	Liezal	v. Niekerk Weideman
1223	Belinda	van Rhyn
1221	Jodi	Zulberg

PREVIOUS WINNERS

YEAR	MEN	TIME	YEAR	WOMEN	TIME
2005	no solo category		2005	no solo category	
2006	Johan Fourie	19h35	2006	no solo rider	
2007	Mannie Heymans	15h15	2007	Claire van Aardt	23h47
2008	Mannie Heymans	13h13	2008	Claire van Aardt	21h18
2009	Arno Viljoen	14h07	2009	Hannelie Steyn-Kotze	16h28
2010	Mannie Heymans	12h13	2010	Zoe Mitchell	17h04
2011	Emiliano Ballardini	13h52	2011	Kristina Weber	16h36
2012	Dan Craven	14h54	2012	Maritza Terblanche	21h31
2013	Dion Guy	16h02	2013	Maritza Terblanche	20h23
2014	Nichol Jordaan	15h46	2014	Lulu Ceronio	20h08
2015	Konny Looser	15h03	2015	Rene Schoeman	19h11
2016	Konny Looser	14h37	2016	Rebecca Robisch	17h48
2017	Konny Looser	13h55	2017	Rebecca Robisch	16h09
2018	Konny Looser	14h22	2018	Rebecca Robisch	17h17
2019	Konny Looser	14h42	2019	Vera Adrian	17h10
2020	Konny Looser	14h45	2020	Irene Steyn	17h52
2021	Tristan DeLange	14h54	2021	Irene Steyn	19h25
2022	Drikus Coetzee	15h17	2022	Yolandie DeVilliers	17h50
2023	Konny Looser	14h52	2023	Belinda Van Rhyn	18h47

2024 PRIZE MONEY N\$ 564 000,-

SOLO PRIZE MONEY				
SOLO MEN				
1st	2nd	3rd	4th	5th
N\$ 40 000	N\$ 23 000	N\$ 16 000	N\$ 9 500	N\$ 8 500
6th	7th	8th	9th	10th
N\$ 6 000	N\$ 5 000	N\$ 4 000	N\$ 3 000	N\$ 2 000
SOLO MEN (over 50)				
	1st	2nd	3rd	
	N\$ 5 000	N\$ 3 000	N\$ 1 500	
SOLO WOMEN				
1st	2nd	3rd	4th	5th
N\$ 40 000	N\$ 23 000	N\$ 16 000	N\$ 9 500	N\$ 8 500
SOLO WOMEN (over 50)				
	1st	2nd	3rd	
	N\$ 5 000	N\$ 3 000	N\$ 1 500	

2 PERSON TEAMS		
2 PERSON MEN		
1st	2nd	3rd
N\$ 26 000	N\$ 15 000	N\$ 11 000
2 PERSON WOMEN		
1st	2nd	3rd
N\$ 26 000	N\$ 15 000	N\$ 11 000
2 PERSON MIX		
1st	2nd	3rd
N\$ 26 000	N\$ 15 000	N\$ 11 000

4 PERSON TEAMS		
4 PERSON MEN		
1st	2nd	3rd
N\$ 20 000	N\$ 12 000	N\$ 10 000
4 PERSON WOMEN		
1st	2nd	3rd
N\$ 20 000	N\$ 12 000	N\$ 10 000
4 PERSON MIX		
1st	2nd	3rd
N\$ 20 000	N\$ 12 000	N\$ 10 000

HALF-DASH SOLO		
SOLO MEN		
1st	2nd	3rd
N\$ 5 000	N\$ 3 000	N\$ 1 500
SOLO WOMEN		
1st	2nd	3rd
N\$ 5 000	N\$ 3 000	N\$ 1 500

HALF-DASH 2 PERSON TEAMS		
2 PERSON MEN		
1st	2nd	3rd
N\$ 5 000	N\$ 3 000	N\$ 2 000
2 PERSON WOMEN		
1st	2nd	3rd
N\$ 5 000	N\$ 3 000	N\$ 2 000
2 PERSON MIX		
1st	2nd	3rd
N\$ 5 000	N\$ 3 000	N\$ 2 000

Chase the victory!

Ride with confidence—
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Life Insurance



Commercial Insurance



Tourism Insurance



GEAR UP!

... with great support.

Good luck to all riders!

SUPERSPAR

MAERUA & THE GROVE

SUPERSPAR MAERUA

Maerua Lifestyle Centre, Centaurus Road
Windhoek, Namibia

Tel. (+264) 61 - 383 000, Fax. (+264) 61 - 383 009

SUPERSPAR THE GROVE

The Grove Mall of Namibia - Upper Floor
c/o Chasie & Frankie Fredericks Road, Kleine Kuppe,
Windhoek, Namibia

Tel. (+264) 61 - 427 300, Fax. (+264) 61 - 427 330

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Your Trusted Care

2024